

Dear Friend,

We are kicking off the fall with joy and gratitude for all that we were able to accomplish together with you this past summer and school year. Our mission simply would not be possible without your unwavering commitment to stand alongside Martha's Table and our neighbors across D.C. In this period of transition, your partnership has taken on a whole new meaning for us, and we could not be more grateful for your support at this time. **Thank you.**

## Quality Education in the 2021-2022 School Year

Social & Emotional Learning



Cognition



**Health & Wellness**  
**1.77**  
MILLION  
meals served with our food programs

**125**  
neighbors connected with mental health counseling

**Family Supports**

98%  
of families progressed in their personal goals

**132**  
new moms received cash support to care for their child

**Standing with the Community**  
**457**  
neighbors connected with supportive partner organizations

**2,951**  
neighbors brought home free clothing

### A Community-Led Vision

We stand by our promise of going ALL IN with you on behalf of our neighbors throughout the next four years of our strategic plan. As you know, this plan was co-developed by our neighbors to ensure we are delivering the most impactful programming possible in our community. We are excited to share an update with you on our strategic plan in action.

**Quality Education.**  
Helping children learn and grow.

**Family Supports.**  
Helping families achieve their goals.

**Health & Wellness.**  
Helping neighbors' stay physically and mentally strong.

**Standing with the Community.**  
Ensuring a zip code NEVER decides a child's future

**Growing Up Strong**

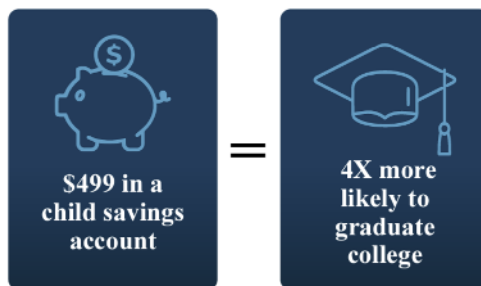
In early September, our two nationally accredited early education centers bustled with laughter and excitement as young learners made their way into their classrooms to start the new school year. While we provide the best-possible learning environment *inside* the classroom for children from six weeks to four years, we are also doubling down on our efforts to support children *outside* the classroom .

Your generosity has helped to fund DC College Savings Plan 529 accounts for young children in the District. With an initial investment of \$1,000 from Martha’s Table and the opportunity for parents to contribute additional funds, these accounts will help families save for education for their children—whether it be college, an apprenticeship, or vocational training. Through an investment option of the family’s choice, the accounts will grow for at least 14 years and be ready to access when their child transitions to higher education.



Recently, one of our neighbors, Ms. Charlene, shared exactly what your support of these child savings accounts means for her community:

**“Long-term, that will be a substantial amount of money and will help a child go to college or career training. It will help them step into a career. Children are the future, and if we don’t focus on our young people, what kind of future will we have?”**



**Strong and Healthy, Together**

With your continued partnership, over the next four years, we will deliver on our commitment to *double* the reach of our healthy grocery distribution, connecting more neighbors than ever before to fresh and healthy food. We are proud to do so while honoring the dignity and agency of each neighbor who visits our markets.

We are thrilled to share that this month—after more than two years of emergency food response necessitated by the pandemic—we are re-introducing a choice-based shopping experience for our guests. While pre-packed grocery bags will remain available for neighbors who are in a rush, guests visiting Martha’s Table are now invited to shop—always at no cost—and select from a variety of



fruits, vegetables, household goods, and pantry items to bring home to their families.

Recently, one of our market guests, Ms. Brown, shared what this choice-based experience means to her. **“I want my kids to learn about different produce and fruits,”** Ms. Brown explained. **“The produce I am getting from Martha’s Table helps me because I can keep more fresh fruit in the house for my kids to snack on. ...We tried some of the recipes and we actually like them! I’m so glad that we are able to try new produce we would never have tried before.”**

### **Strong Moms Mean Strong Families, Strong Futures**

At Martha’s Table, we are committed to standing with strong families across the District of Columbia. With your support, we are proud to deepen this commitment through *Strong Families, Strong Futures D.C.*, in partnership with the D.C. Office of the Deputy Mayor for Planning and Economic Development. This direct cash assistance program equips new and expecting mothers in D.C. with financial and individualized support to help them navigate the pivotal first year of their child’s life.



So far, more than 130 mothers have enrolled in the program and received over \$1.2 million in direct cash assistance. But our support doesn’t stop there. Participating mothers are able to access the full suite of Martha’s Table resources, including “Moms’ Monday,” an emotional wellness workshop for mothers; “Unfiltered Coffee and Conversation,” an affinity and support group for new and expectant mothers; and “Healthy Happy Hours,” a chance for moms to invest in their own self-care and build healthy habits—all of which are weekly engagements.

We are pleased to share with you the impact your support has had on moms in D.C. through their own words:



**“Strong Families, Strong Futures pushes me to do better and have a better life for myself and my kids.”** –Lydi

**“It helped me and my children become more financially stable, and provided helpful resources that were available when we needed them most.”** –Parris

**“Strong Families, Strong Futures had a huge impact. If it wasn’t for them, I would’ve been living paycheck to paycheck, barely making it.”** –Saleemia

Thank you for believing in the power of new moms in D.C. to create a caring and supportive environment at home so their children have the greatest opportunity to thrive.

### **A Community Where We All Can Thrive**

At Martha’s Table, we believe that when other mission-driven organizations in our community are strong, it increases their capacity to support our neighbors and to effect positive change. Unfortunately, many grassroots organizations who have served our neighbors in Southeast D.C.



for years are often overlooked for funding opportunities from traditional philanthropy partners. With your help, we're deepening our impact even further with the launch of our new Community Impact Fund.

When you support Martha's Table, you're also standing alongside neighborhood leaders who share the lived experiences of the communities they serve. Through the Community Impact Fund—and in partnership with the Greater Washington Community Foundation—we've made unrestricted grants of \$10,000 each to ten exceptional nonprofits that were selected independently by a council of Southeast D.C. residents based on their track record of community impact.

One inspirational grantee is the Anacostia AMP Outreach & Empowerment Center, which strives to provide community H.O.P.E. through healing, opportunity, provision, and empowerment. **"This will be life changing for the people we serve,"** Aummett Paige, President of Anacostia AMP, reflected. **"This grant provides a huge relief to the organization and allows us to expand our reach in the community."**

Thank you for joining us as we stand shoulder-to-shoulder with community leaders.

### **Pushing Our Shared Mission Forward**

We are deeply grateful for your kind generosity and steadfast commitment to our shared mission. As one of our strongest supporters, we want to ensure you are kept up-to-date with the progress of our search for our next transformational President and Chief Executive Officer. Recently, our Board of Directors shared the enclosed report surrounding the search. We ask that you consider spreading the word about this opportunity with your networks as we strive to build a competitive and diverse pool of talented candidates for the role. You can find the job posting here: [tinyurl.com/MarthasTableCEO](https://tinyurl.com/MarthasTableCEO)

We thank you so much for helping to ensure that neighbors across D.C. have the resources and opportunities to truly thrive. Your partnership is essential to this work.

Yours in service,

Tiffany Williams  
Interim President & CEO