

Strong Families, Strong Futures DC

At Martha's Table, we are committed to standing with **strong children, strong families, and strong communities** in the District of Columbia. For more than 40 years, we have worked to increase access to quality education, health and wellness, and essential family resources.

We are proud to continue this work with the launch of **Strong Families, Strong Futures DC**, a direct cash assistance program supporting D.C. mothers. Supported by the D.C. Office of the Deputy Mayor for Planning and Economic Development, we will invest directly in families during the pivotal first year of their child's life.

This direct cash assistance will help families build a strong financial foundation that paves the way for lasting child and family success.

Who will this program support?

- The program will support new and expecting mothers residing in Wards 5, 7 and 8 of the District of Columbia who have yearly household earnings below 250% of the federal poverty level. This includes mothers who are raising a child 3 months of age or younger and/or who are pregnant in their second or third trimester.

What are the benefits for my family?

- **\$10,800 of direct cash assistance** (\$900 per month for 12 months) – no strings attached! Spend the dollars as you see fit for your family.
- In addition to the monthly cash assistance supported by this program, participants will have access to the following Martha's Table benefits:
 - Weekly access to **healthy groceries and children's/professional clothing** at no cost to you
 - The opportunity to enroll your child in **nationally accredited early education** programming – help your child prepare for success in kindergarten and beyond!
 - The chance to **build relationships** with other parents while strengthening your parenting skills.
 - Support in your personal education and career journey as you **pursue your dreams** for your family!

How Can I Learn More?

For more information about *Strong Families, Strong Futures DC*, including how to enroll, contact **Ra'Chelle Dennis, Family Engagement Specialist**, at rdennis@marthastable.org.

Recruitment is slated to begin in February 2022.