

*We cannot thank you enough for standing with Martha's Table during the COVID-19 crisis. With your partnership, we've more than quadrupled our healthy grocery distribution and continued to serve our neighbors every night on McKenna's Wagon. And we couldn't have done it without you.*

**Temporarily and effective Sunday, April 12, we will consolidate our operations at The Commons in Southeast, D.C.** This change is being implemented because the space at The Commons allows for stronger social distancing measures.

What does this mean for volunteers? **Temporarily, most volunteer shifts will be based at The Commons in Southeast D.C.**

Please know that we are continuing all of our food access efforts.

**McKenna's Wagon will leave every evening from The Commons.** Drivers should meet us at The Commons. McKenna's Wagon Helpers are encouraged to meet us directly at our McKenna's Wagon stops.

· **New Jersey Ave. and I Streets NE. at 5:15pm**



**15th and I Streets NW following the first stops**



**We will still offer no-cost groceries to our neighbors in Columbia Heights; groceries will be pre-bagged at The Commons and delivered to The Maycroft daily.**

We recognize that for many volunteers, The Maycroft is closer to home and more accessible. For those who are eager to volunteer to support operations at The Commons, we will offer Lyft ride credits to cover transportation to/from The Commons or McKenna's Wagon stops. If you are interested, please contact your Volunteer Manager for more information. As always, all volunteer shifts can be found on VolunteerHub.

## **FAQs**

### **How can I get young children involved?**

Martha's Table is always in need of homemade sandwiches, trail mix, and muffin donations. These homemade items are distributed on McKenna's Wagon. Young children are encouraged to work with their parents or caregivers to prepare these items and drop them off for donation. Please visit our [in-kind donation page](#) for more information and guidelines.

### **Which volunteer opportunities are best for groups?**

Joyful Grocery Bagging (up to 14 people), Martha's Outfitters Clothing Support (4 people), and Maycroft Mini Market (4 people) are great for groups! Just sign up for a date on [our volunteer calendar](#) with enough spaces available to accommodate your group. Then, please send an email to [volunteer@marthastable.org](mailto:volunteer@marthastable.org) with the number of slots you would like to reserve. Please call Volunteer Engagement at 202-328-6608 with additional questions.

### **Why can't I volunteer at The Maycroft?**

Although our operations have shifted to The Commons, we will continue distributing groceries at The Maycroft on weekdays and will maintain a small number of "Mini Market" volunteer shifts. You may sign up for these shifts on VolunteerHub.

The Commons in Southeast D.C. provides ample space in which our social distancing efforts are stronger. While we regret that this change may make it more difficult for many to volunteer, we feel confident that it is in the best interest of the health and safety of our volunteer community.

### **Can I walk in and participate in a volunteer opportunity?**

All volunteers must sign up for a shift prior to their arrival at Martha's Table. Please visit [our calendar](#) to create an account and register for a volunteer shift.

### **Do you offer volunteer opportunities for individuals with intellectual disabilities?**

Martha's Table believes that all individuals have the ability to make a significant impact in our community and provides opportunities to engage individuals who require special accommodations. Please contact us using the form on our [volunteer page](#).

### **Can I bring a friend?**

Of course! Please ensure your friend visits [our calendar](#), creates an account, and registers for the same shift as you if there are still slots available.

### **Can I still donate trail mix or sandwiches to McKenna's Wagon?**

Yes! Sandwich/trail mix donations can be brought directly to either The Maycroft or The Commons on Mondays through Fridays between the hours of 11 am and 4 pm. [Sign up HERE to schedule a sandwich drop-off.](#)

### **Can I take photos while I'm volunteering?**

To protect our guests' privacy, we ask that volunteers DO NOT take photos or videos during their shift, especially those containing our guests. A Martha's Table team member will be more than happy to take a photo of your group before or after your volunteer shift, but not while serving guests. Please feel free to take photos of in-kind items you're donating or pictures of bringing donations into our office, so long as no guests are included in the photo.

### **What is Martha's Table doing to protect me if I volunteer?**

Martha's Table is following guidance from the Centers for Disease Control and DC Health to implement policies that protect the health of our volunteers, our team, and our community. We ask all volunteers to adhere to our hygiene protocol, including washing hands upon arrival, wearing gloves when handling food, washing hands, and changing gloves anytime you change activities and after you touch your face or use the restroom or your phone. We also ask that all volunteers follow social distancing guidelines whenever possible, maintaining a minimum of 6 feet of space between you and your fellow volunteers. We have revised our operating procedures and locations to ensure social distancing is possible. We've also altered our food distribution model, eliminating person-to-person contact with our guests and using physical markers to keep distance between volunteers, our guests, and each other.

### **Will I be provided with a facemask?**

Volunteers are required to wear a mask or face covering during their volunteer shift. We maintain a limited supply of masks and therefore encourage folks to bring their own. [The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain \(e.g., grocery stores and pharmacies\), especially in areas of significant community-based transmission.](#) CDC is additionally advising the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. The cloth face coverings recommended by the CDC are not surgical masks or N-95 respirators. [Click here to learn more about the CDC's Recommendation Regarding the Use of Cloth Face Coverings.](#)

**Will I interact with the community?**

Martha's Table has changed its distribution models to eliminate person-to-person contact and promote social distancing during volunteer shifts. Behind-the-scenes shifts that require no community interaction include "Joyful Grocery Bagging", "Food Order Support", "Food Preparation", and "Food Tidy Up." Volunteer shifts that are community-facing include "Martha's Table Market", "Maycroft Mini Market", and "McKenna's Wagon." In these roles, volunteers will interact with community members at a distance. A Martha's Table staff member will be present to provide guidance and support.

**With the "stay-at-home" order in D.C., am I allowed to volunteer?**

Under the [stay-at-home order issued by the Mayor of the District of Columbia](#), volunteering with a nonprofit that performs essential service is permitted.

**If I have fully recovered from COVID-19 can I volunteer?**

Please consult with your healthcare provider and state and local health departments in determining when to stop home isolation. In alignment with guidelines from the Centers for Disease Control, we ask that individuals who have recovered from COVID-19 only volunteer under the following conditions:

- *If you have successfully home isolated during the duration of your symptoms*
- *If at least 10 days have passed since your COVID-19 symptoms first appeared, and there are no longer any symptoms (including fever, cough, shortness of breath).*

[We are committed to following CDC guidelines](#) and will continue to make adjustments related to COVID-19 as the situation unfolds.