

RECIPE

CONFETTI PASTA SALAD



Prep Time: 10 minutes

Cook Time: 2 hours

Serves: 6 people

Ingredients

- 12 oz whole wheat spaghetti
- 2 Tablespoons oil (+ more if needed)
- ½ small onion, diced
- 1 teaspoon fresh ginger, minced
- 2-4 cups chopped colorful vegetables (carrots, broccoli & mushrooms)
- Juice from 1 orange
- 5 tablespoons soy sauce.

Steps

- Cook noodles according to the package. Drain & set aside.
- Heat oil in a medium-sized pan over med heat. Add onions. Cook 2-3 minutes, add garlic & ginger and cook 1-2 minutes more.
- Add colorful veggies (broccoli, carrots & mushrooms) cooking for 2-3 minutes. Add more oil as needed.
- Add cooked noodles, soy sauce & orange juice. Cook 3-5 minutes, stirring well to combine flavors.