

TRAIL MIX RECIPES

McKenna's Wagon provides hundreds of healthy meals in DC every single day. Our guests greatly appreciate bags of trail mix which they can eat immediately or save for later. Bring together friends, family, and your community to help make the bags. Here are some ideas for inspiration or make your creation!

We estimate that 10 lbs of ingredients = 60 snack size bags!
 Please email us at donations@marthastable.org to schedule a drop-off!



macadamia nuts



flax seeds



dried blueberries



shredded coconut

= Blue Hawaiian



toasted almonds



dried cranberries



chex cereal



sunflower seeds

= Classic



pretzels



raisins



granola



peanuts

= Sweet & Salty



almonds



pretzels



sunflower seeds



dried cherries

= Black Forest



pumpkin seeds



dried cranberries



granola



pecans

= Thanksgiving



banana chips



shredded coconut



dried fruit



chex cereal

= Monkey Munch
 (nut allergy free)