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Martha's Table to Convene Region-Wide Dinner Conversation on Hunger in D.C.

*Neighborhood Gatherings to Take Place on October 25 as part of One Pot Suppers,
Sparking Region-Wide Conversation about Ending Hunger in the District*

Washington, D.C. (September 8, 2015) – On Sunday, October 25, households across the greater Washington, D.C. area are expected to host private suppers with friends, family, community members and colleagues to spark a conversation about the District's hunger issue. The second annual collective gathering, called One Pot Suppers, is an awareness and fundraising event coordinated by Washington, D.C.-based nonprofit Martha's Table in support of its Healthy Eating initiative.

[Register Now](#) to Host a One Pot Supper in Your Home or Community

Each One Pot Suppers host will invite a select number of people to his or her home or chosen gathering spot for a cookout, potluck or seated meal. Using thought-provoking and fact-based flash cards provided by Martha's Table, hosts will stimulate conversations about hunger issues in the District.

On any given day in the District, 1 in 8 families and, as a result, 1 in 3 children are food insecure—lacking reliable access to healthful, sufficient food. The One Pot Suppers event is a unique way to elevate this issue by providing a platform for community members to drive meaningful conversations about hunger in our community among friends, family and colleagues, and raise funds to directly support three of Martha's Table's innovative Healthy Eating programs:

- **Martha's Markets** and **Joyful Food Markets** (executed in partnership with Capital Area Food Bank), which increase access to healthy food by offering free, "pop-up" grocery stores for children, families and individuals in Washington, D.C.;
- **McKenna's Wagon**, a mobile food truck that feeds the District's homeless and most vulnerable residents; and
- **The partnership between Martha's Table's Healthy Start and Healthy Eating initiative**, which ensures that the students who attend Martha's Table's early childhood education and out of school time programs receive healthy and nutritional meals to support their development.

"At Martha's Table, we believe that everyone deserves a healthy meal every day. This year, we will serve over 1 million nutritious meals to the most vulnerable children, families and individuals throughout the District of Columbia. One Pot Suppers is back for a second year to build on last year's success in bringing the community together to tackle the issue of hunger head on," noted Caron Gremont, Director of Healthy Eating.

The inspiration of the One Pot Suppers concept is Martha's Table's iconic McKenna's Wagon. Since 1979, the mobile food truck has delivered nutritious "one pot" meals to the city's homeless and hungry residents 7 days a week, 365 days a year.

"My vision is that on this one night, in every household across the region and in each of the city's eight wards, the issue of hunger is on the table," said Martha's Table CEO Patty Stonesifer. "Ending hunger in Washington, D.C. is within our reach, but it requires that we all work together to ensure that we are getting nutritious meals to those who need them most."

Martha's Table will provide each host with a [toolkit](#) that contains all the information and materials needed to create a successful One Pot Suppers event. Following One Pot Suppers, hosts will deliver the funds they collected – along with photos and recipes for use in a One Pot Suppers cookbook – to Martha's Table.

For more information, visit www.Marthastable.org/one-pot-suppers

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About Martha's Table

Martha's Table supports stronger children, stronger families and stronger community by making healthful food and quality learning more accessible. For 35 years, Martha's Table has served as an important community partner, helping neighbors access the skills and resources needed to earn, learn and lead through life. Martha's Table's Healthy Eating programs include 23 free pop-up grocery markets across the District of Columbia and McKenna's Wagon, a 365-days-a-year mobile food delivery program that serves three Washington, D.C. locations nightly. It also operates two Martha's Outfitters clothing shops in the District and offers premier early-childhood, after-school and out-of-school time education programs to children ages three months to 13 years. For more information, please visit www.marthastable.org.