Martha's Table
EDUCATION • FOOD • OPPORTUNITY

## Teen Lounge | Mondays

November 09, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Mondays: Tutoring and Homework Help with Hearts of Empowerment

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## Teen Lounge | Tuesdays

November 10, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!

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## Shop at Martha's Outfitters

November 10, 2026 at 10:00 am

*2204 Martin Luther King Jr. Avenue SE, Washington, 20020*

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

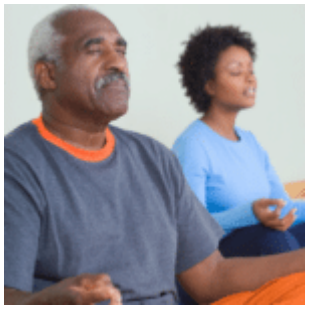
- **Classic Membership (Blue Card)** – Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table $40 per month Classic Membership (Blue) Card.
- **Select Membership (White Card)—**DC residents over the age of 15 are eligible for a Martha's Table $20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by donating new or gently used clothing or volunteering your time to make a difference.

Martha's Outfitters – 2204 Martin Luther King Jr. Ave., SE – Washington DC 20002

Note: The boutique does not accept cash.

Martha's Table
EDUCATION • FOOD • OPPORTUNITY



## Senior Fitness

November 10, 2026 at 10:00 am

*2375 Elvans Road SE, Washington DC, 20020*

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.



## Mindful Moment

November 10, 2026 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.

## The Quilt Corner | Tuesdays ||

November 10, 2026 at 12:30 pm

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.



## Community Changemakers Book Club

November 10, 2026 at 6:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.

## Martha's Table Market at The Commons

November 10, 2026 at 11:00 am

*2375 Elvans Road SE, Washington DC, 20020*

Shop at no-cost for pantry items, fresh fruits & veggies.

Martha's Table
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## Martha's Table Market at The Maycroft

November 10, 2026 at 11:00 am

*1474 Columbia Road Northwest, Washington DC,*

Shop at no-cost for pantry items, fresh fruits & veggies.

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## Closure: Veterans Day

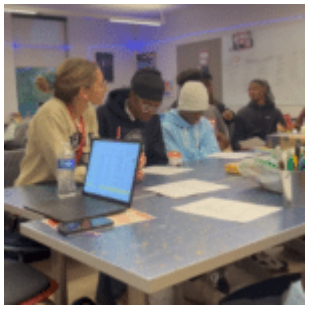
November 11, 2026 at 12:00 am

During this time, the following operations will be closed:

- Martha’s Table Markets
- Martha’s Outfitters
- Teen Lounge

*McKenna’s Wagon will operate on schedule

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## Teen Lounge | Thursdays

November 12, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

MT Teen Fitness: with WeFit DC Strength Training and Beginner Boxing.

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## Shop at Martha's Outfitters

November 12, 2026 at 10:00 am

*2204 Martin Luther King Jr. Avenue SE, Washington, 20020*

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You’ll be able to shop and use your monthly credit right away!

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- **Select Membership (White Card)—**DC residents over the age of 15 are eligible for a Martha's Table $20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by donating new or gently used clothing or volunteering your time to make a difference.

Martha's Outfitters – 2204 Martin Luther King Jr. Ave., SE – Washington DC 20002

Note: The boutique does not accept cash.

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## Martha's Table Market at The Commons

November 12, 2026 at 11:00 am

*2375 Elvans Road SE, Washington DC, 20020*

Shop at no-cost for pantry items, fresh fruits & veggies.

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## Martha's Table Market at The Maycroft

November 12, 2026 at 11:00 am

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## Teen Lounge | Fridays

November 13, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Fun Fridays: Movie Nights, Field Trips, and More

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## Martha's Table Market at The Commons

November 13, 2026 at 11:00 am

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## Martha's Table Market at The Maycroft

November 13, 2026 at 11:00 am

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## Art as Healing | Open Art

November 13, 2026 at 12:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am – 12pm [illegible] workshop with an instructor.

- 12pm -2 pm: Open Art: self guided art with supplies provided.

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## Art as Healing | Guided Art Workshop

November 13, 2026 at 10:00 am

*2375 Elvans Rd SE, Washington DC, 20020*

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am – 12pm: Guided art workshop with an instructor.
- 12pm -2 pm: Open Art: self guided art with supplies provided.

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## Thankful Meals Market & Turkey Giveaway

November 14, 2026 at 1:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Join us as Martha's Table, Monumental Sports, and Giant Food come together to host the *Thankful Meals Event*! This gathering promises a warm, festive atmosphere and plenty of holiday cheer to kick off the season right here in our community. We're welcoming friends and neighbors to enjoy a memorable afternoon filled with food, fun, and connection.

- **Date:** November 14, 2026
- **Time:** 1 PM – 4 PM
- **Location:** The Commons at Martha's Table
- **Details:** Supplies and giveaways will be available while supplies last. No registration is required—bring yourself, your family, and friends to share in the holiday spirit!

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## Teen Lounge | Mondays

November 16, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Mondays: Tutoring and Homework Help with Hearts of Empowerment

Martha's Table
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## Diaper Bank Distribution

November 16, 2026 at 11:00 am

*2375 Elvans Road SE, Washington DC, 20020*

DC residents can pick up free diapers at The Commons every Monday from 11 AM to 2 PM. Each household can receive 50 diapers once per month.

Do you reside in Maryland or Virginia? The Greater DC Diaper Bank operates several distribution hubs across both states. Find a location near you by visiting: greaterdcdiaperbank.org/our-programs/diaperhubs/.

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Upcoming Events

Martha's Table
EDUCATION · FOOD · OPPORTUNITY

## Martha's Table Market at The Commons

November 16, 2026 at 11:00 am

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Shop at no-cost for pantry items, fresh fruits & veggies.

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## Martha's Table Market at The Maycroft

November 16, 2026 at 11:00 am

*1474 Columbia Road Northwest, Washington DC,*

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## Teen Lounge | Tuesdays

November 17, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

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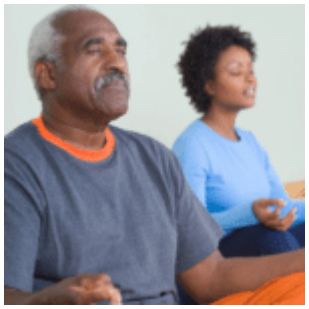
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## Senior Fitness

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A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.

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## Mindful Moment

November 17, 2026 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.

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## The Quilt Corner | Tuesdays |

November 17, 2026 at 12:30 pm

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.

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## Community Changemakers Book Club

November 17, 2026 at 6:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.

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## Martha's Table Market at The Commons

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## Martha's Table Market at The Maycroft

November 17, 2026 at 11:00 am

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## Shop at Martha's Outfitters

November 18, 2026 at 10:00 am

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## Healthy Happy Hour

November 18, 2026 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.

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## Teen Lounge | Wednesdays

November 18, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship

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## Go-Go Fitness

November 18, 2026 at 7:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine

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November 19, 2026 at 4:00 pm

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## Martha's Table Market at The Maycroft

November 19, 2026 at 11:00 am

*1474 Columbia Road Northwest, Washington DC,*

Shop at no-cost for pantry items, fresh fruits & veggies.

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## Shop at Martha's Outfitters

November 20, 2026 at 10:00 am

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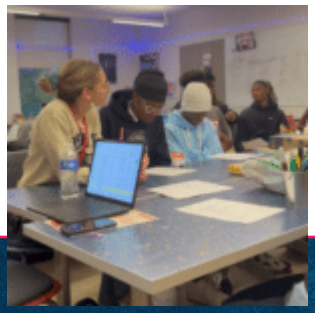
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## Art as Healing | Open Art

November 20, 2026 at 12:00 pm

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Join us at Martha’s Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am – 12pm: Guided art workshop with an instructor.
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## Art as Healing | Guided Art Workshop

November 20, 2026 at 10:00 am

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- 10am – 12pm: Guided art workshop with an instructor.
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