Martha's Table
EDUCATION · FOOD · OPPORTUNITY

## The Quilt Corner | Saturdays |

October 17, 2026 at 10:30 am

*2375 Elvans Road SE, Washington DC, 20020*

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.

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## Martha's Table Town Hall | In-Person

October 17, 2026 at 10:00 am

*2375 Elvans Road SE, Washington DC, 20020*

***Your Voice. Our Future.***

*Be a Part of What's Next*

Martha's Table is co-creating our strategic roadmap for the years ahead, and we would love to hear from our Ward 8 neighbors!

Join neighbors, community partners, and local leaders — in person or online — to talk about what matters most to our community right now and focus on practical goals we can achieve together.

Reserve Your Spot!

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## Teen Lounge | Mondays

October 19, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Mondays: Tutoring and Homework Help with Hearts of Empowerment

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## Diaper Bank Distribution

October 19, 2026 at 11:00 am

*2375 Elvans Road SE, Washington DC, 20020*

DC residents can pick up free diapers at The Commons every Monday from 11 AM to 2 PM. Each household can receive 50 diapers once per month.

Do you reside in Maryland or Virginia? The Greater DC Diaper Bank operates several distribution hubs across both states. Find a location near you by visiting: greaterdcdiaperbank.org/our-programs/diaperhubs/.

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EDUCATION • FOOD • OPPORTUNITY

## Shop at Martha's Outfitters

October 19, 2026 at 10:00 am

*2204 Martin Luther King Jr. Avenue SE, Washington, 20020*

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

- **Classic Membership (Blue Card)** – Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table $40 per month Classic Membership (Blue) Card.
- **Select Membership (White Card)—**DC residents over the age of 15 are eligible for a Martha's Table $20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by donating new or gently used clothing or volunteering your time to make a difference.

Martha's Outfitters – 2204 Martin Luther King Jr. Ave., SE – Washington DC 20002

Note: The boutique does not accept cash.

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## Martha's Table Market at The Commons

October 19, 2026 at 11:00 am

*2375 Elvans Road SE, Washington DC, 20020*

Shop at no-cost for pantry items, fresh fruits & veggies.

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## Martha's Table Market at The Maycroft

October 19, 2026 at 11:00 am

*1474 Columbia Road Northwest, Washington DC,*

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Martha's Table
EDUCATION • FOOD • OPPORTUNITY

## Teen Lounge | Tuesdays

October 20, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!

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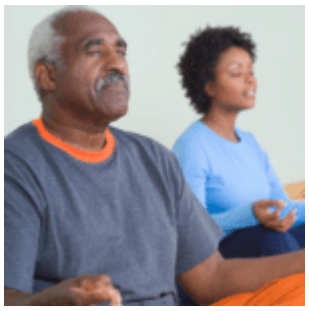

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A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.

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## Mindful Moment

October 20, 2026 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.

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## Martha's Table Market at The Maycroft

October 20, 2026 at 11:00 am

*1474 Columbia Road Northwest, Washington DC,*

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## Martha's Table Town Hall | Virtual

October 20, 2026 at 6:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

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Reserve Your Spot

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## Shop at Martha's Outfitters

October 21, 2026 at 10:00 am

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Martha's Outfitters – 2204 Martin Luther King Jr. Ave., SE – Washington DC 20002

Note: The boutique does not accept cash.

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## Healthy Happy Hour

October 21, 2026 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.

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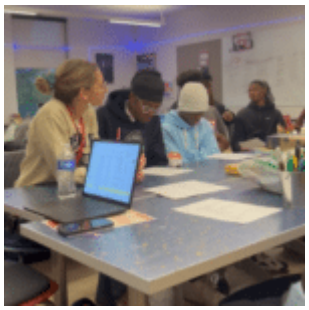

## Teen Lounge | Wednesdays

October 21, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship

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## Go-Go Fitness

October 21, 2026 at 7:00 pm

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Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine

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## Martha's Table Market at The Maycroft

October 21, 2026 at 11:00 am

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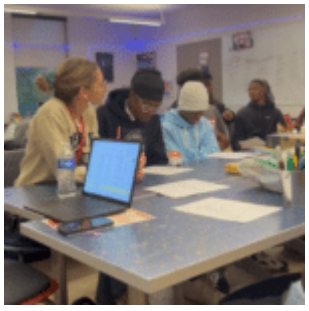

## Teen Lounge | Thursdays

October 22, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

MT Teen Fitness: with WeFit DC Strength Training and Beginner Boxing.

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## Shop at Martha's Outfitters

October 22, 2026 at 10:00 am

*2204 Martin Luther King Jr. Avenue SE, Washington, 20020*

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Martha’s Outfitters – 2204 Martin Luther King Jr. Ave., SE – Washington DC 20002

Note: The boutique does not accept cash.

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## Martha's Table Market at The Commons

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October 22, 2026 at 11:00 am

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## Teen Lounge | Fridays

October 23, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Fun Fridays: Movie Nights, Field Trips, and More

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## Martha's Table Market at The Commons

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## Martha's Table Market at The Maycroft

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## Art as Healing | Open Art

October 23, 2026 at 12:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Join us at Martha’s Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am – 12pm: Guided art workshop with an instructor.
- 12pm -2 pm: Open Art: self guided art with supplies provided.

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## Art as Healing | Guided Art Workshop

October 23, 2026 at 10:00 am

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- 10am – 12pm: Guided art workshop with an instructor.

- 12pm -2 pm: Open Art: self guided art with supplies provided.

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## Winter Coat Giveaway

October 24, 2026 at 11:00 am

Each year, Martha's Table distributes thousands of new and gently used coats to neighbors, helping families stay warm ahead of winter. The coat distribution is part of Martha's Outfitters, which provided over 97,000 clothing items last year, saving families around $2.9 million.

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## Teen Lounge | Mondays

October 26, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Mondays: Tutoring and Homework Help with Hearts of Empowerment

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## Diaper Bank Distribution

October 26, 2026 at 11:00 am

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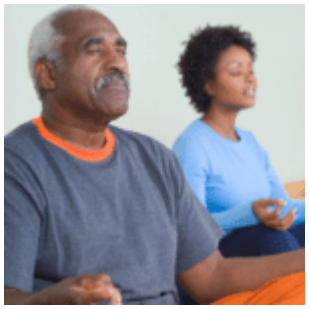

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## Shop at Martha's Outfitters

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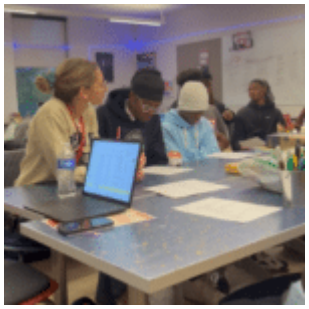

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