Martha's Table
EDUCATION • FOOD • OPPORTUNITY

Men's Health Summit: A Proactive Path to Wellness

September 26, 2026 at 10:00 am

2375 Elvans Road SE, Washington DC, 20020

This event is a chance to take charge of your health and join a powerful community of men focused on living stronger, longer, and healthier lives. The Martha's Table Men's Health Summit is your opportunity to learn, connect, and take real steps toward becoming a better you.

Teen Lounge | Mondays

September 28, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Mondays: Tutoring and Homework Help with Hearts of Empowerment

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Diaper Bank Distribution

September 28, 2026 at 11:00 am

2375 Elvans Road SE, Washington DC, 20020

DC residents can pick up free diapers at The Commons every Monday from 11 AM to 2 PM. Each household can receive 50 diapers once per month.

Do you reside in Maryland or Virginia? The Greater DC Diaper Bank operates several distribution hubs across both states. Find a location near you by visiting: greaterdcdiaperbank.org/our-programs/diaperhubs/.

Shop at Martha's Outfitters

September 28, 2026 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

- **Classic Membership (Blue Card)** – Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table $40 per month Classic Membership (Blue) Card.
- **Select Membership (White Card)—**DC residents over the age of 15 are eligible for a Martha's Table $20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by donating new or gently used clothing or volunteering your time to make a difference.

Martha's Outfitters – 2204 Martin Luther King Jr. Ave., SE – Washington DC 20002

Note: The boutique does not accept cash.

Martha's Table Market at The Commons

September 28, 2026 at 11:00 am

2375 Elvans Road SE, Washington DC, 20020

Shop at no-cost for pantry items, fresh fruits & veggies.

Martha's Table Market at The Maycroft

September 28, 2026 at 11:00 am

1474 Columbia Road Northwest, Washington DC,

Shop at no-cost for pantry items, fresh fruits & veggies.

Teen Lounge | Tuesdays

September 29, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!

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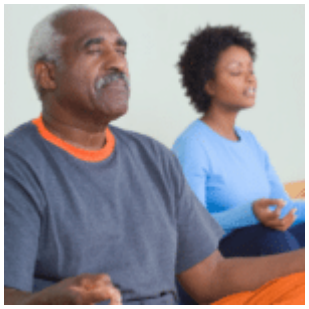

Senior Fitness

September 29, 2026 at 10:00 am

2375 Elvans Road SE, Washington DC, 20020

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.

Martha's Table
EDUCATION · FOOD · OPPORTUNITY

Mindful Moment

September 29, 2026 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.

Community Changemakers Book Club

September 29, 2026 at 6:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.

Martha's Table Market at The Commons

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Martha's Table Market at The Maycroft

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Shop at Martha's Outfitters

September 30, 2026 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

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Healthy Happy Hour

September 30, 2026 at 5:00 pm

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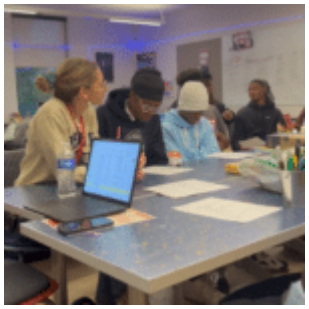

Teen Lounge | Wednesdays

September 30, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship

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Go-Go Fitness

September 30, 2026 at 7:00 pm

2375 Elvans Road SE, Washington DC, 20020

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine

Martha's Table
EDUCATION • FOOD • OPPORTUNITY

Martha's Table Market at The Commons

September 30, 2026 at 11:00 am

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September 30, 2026 at 11:00 am

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(CLOSED) Teen Lounge | Thursdays

October 01, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

MT Teen Fitness: with WeFit DC Strength Training and Beginner Boxing.

Shop at Martha's Outfitters

October 01, 2026 at 10:00 am

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Martha's Table Market at The Maycroft

October 01, 2026 at 11:00 am

1474 Columbia Road Northwest, Washington DC,

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Shop at Martha's Outfitters

October 02, 2026 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

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(CLOSED) Teen Lounge | Fridays

October 02, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Fun Fridays: Movie Nights, Field Trips, and More

Martha's Table Market at The Commons

October 02, 2026 at 11:00 am

2375 Elvans Road SE, Washington DC, 20020

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Martha's Table Market at The Maycroft

October 02, 2026 at 11:00 am

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Art as Healing | Open Art

October 02, 2026 at 12:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am – 12pm: Guided art workshop with an instructor.
- 12pm -2 pm: Open Art: self guided art with supplies provided.

Martha's Table
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Art as Healing | Guided Art Workshop

October 02, 2026 at 10:00 am

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- 10am – 12pm: Guided art workshop with an instructor.
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The Quilt Corner | Saturdays ||

October 03, 2026 at 10:30 am

2375 Elvans Road SE, Washington DC, 20020

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.

Martha's Table Annual Benefit

October 04, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Martha's Table's Annual Benefit is a vibrant celebration of our journey where supporters and friends come together to honor the strength of our community, celebrate champions, and reflect on the impact of our commitment to Washington, DC. It's a powerful evening that builds momentum for the progress still to come.

Teen Lounge | Mondays

October 05, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Mondays: Tutoring and Homework Help with Hearts of Empowerment

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Diaper Bank Distribution

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Upcoming Events

Martha's Table
EDUCATION • FOOD • OPPORTUNITY

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October 05, 2026 at 11:00 am

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Teen Lounge | Tuesdays

October 06, 2026 at 4:00 pm

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October 06, 2026 at 10:00 am

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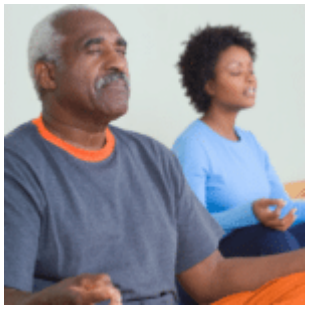

Senior Fitness

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2375 Elvans Road SE, Washington DC, 20020

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Mindful Moment

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Martha's Table Market at The Maycroft

October 06, 2026 at 11:00 am

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Shop at Martha's Outfitters

October 07, 2026 at 10:00 am

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