



## Teen Lounge | Tuesdays

May 19, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!



## Shop at Martha's Outfitters

May 19, 2026 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

- **Classic Membership (Blue Card)** - Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table \$40 per month Classic Membership (Blue) Card.
- **Select Membership (White Card)**—DC residents over the age of 15 are eligible for a Martha's Table \$20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by [donating new or gently used clothing](#) or [volunteering](#) your time to make a difference.

Martha's Outfitters - 2204 Martin Luther King Jr. Ave., SE - Washington DC 20002

Note: The boutique does not accept cash.



## Senior Fitness

May 19, 2026 at 10:00 am

*2375 Elvans Road SE, Washington DC, 20020*

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.

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## Martha's Table Market

May 19, 2026 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

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SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)

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## Mindful Moment

May 19, 2026 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.

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## The Quilt Corner | Tuesdays |

May 19, 2026 at 12:30 pm

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.

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## Community Changers Book Club

May 19, 2026 at 6:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.



## Shop at Martha's Outfitters

May 20, 2026 at 10:00 am

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## Healthy Happy Hour

May 20, 2026 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.



## Teen Lounge | Wednesdays

May 20, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship



## Go-Go Fitness

May 20, 2026 at 7:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine



## Teen Lounge | Thursdays

May 21, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

MT Teen Fitness: with WeFit DC Strength Training and Beginner Boxing.



## Shop at Martha's Outfitters

May 21, 2026 at 10:00 am

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## Art as Healing | Guided Art Workshop

May 22, 2026 at 10:00 am

*2375 Elvans Rd SE, Washington DC, 20020*

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am - 12pm: Guided art workshop with an instructor.
- 12pm - 2 pm: Open Art: self guided art with supplies provided.



## Art as Healing | Open Art

May 22, 2026 at 12:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am - 12pm: Guided art workshop with an instructor.
- 12pm - 2 pm: Open Art: self guided art with supplies provided.



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## Teen Lounge | Fridays

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*2375 Elvans Road SE, Washington DC, 20020*

Fun Fridays: Movie Nights, Field Trips, and More

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