

## Teen Lounge | Mondays

March 23, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Mondays: Tutoring and Homework Help with Hearts of Empowerment



## Diaper Bank Distribution

March 23, 2026 at 11:00 am

2375 Elvans Road SE, Washington DC, 20020

DC residents can pick up free diapers at The Commons every Monday from 11 AM to 2 PM. Each household can receive 50 diapers once per month.

Do you reside in Maryland or Virginia? The Greater DC Diaper Bank operates several distribution hubs across both states. Find a location near you by visiting: [greaterdcdiaperbank.org/our-programs/diaperhubs/](https://greaterdcdiaperbank.org/our-programs/diaperhubs/).



## Shop at Martha's Outfitters

March 23, 2026 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

- **Classic Membership (Blue Card)** - Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table \$40 per month Classic Membership (Blue) Card.
- **Select Membership (White Card)**—DC residents over the age of 15 are eligible for a Martha's Table \$20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by [donating new or gently used clothing](#) or [volunteering your time](#). Events from March 23, 2026 to March 29, 2026

Martha's Outfitters – 2204 Martin Luther King Jr. Ave., SE – Washington DC 20002

Note: The boutique does not accept cash.



## Martha's Table Market

March 23, 2026 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



## Teen Lounge | Tuesdays

March 24, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!



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• **Classic Membership (Blue Card)** – Residents of the 20020 zip code  
Events from March 23, 2026 to March 29, 2026 Table \$40 per month

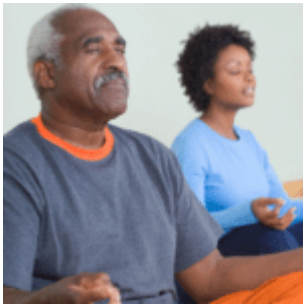
Classic Membership (Blue) Card.

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## Senior Fitness

March 24, 2026 at 10:00 am

*2375 Elvans Road SE, Washington DC, 20020*

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.



## Martha's Table Market

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## Mindful Moment

March 24, 2026 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.

Events from March 23, 2026 to March 29, 2026





## Community Changemakers Book Club

March 24, 2026 at 6:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.



## Shop at Martha's Outfitters

March 25, 2026 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

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## Healthy Happy Hour

March 25, 2026 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.



## Teen Lounge | Wednesdays

March 25, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship



## Go-Go Fitness

March 25, 2026 at 7:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine



## Teen Lounge | Thursdays

March 26, 2026 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

MT Teen Fitness: with WeFit DC Strength Training and Beginner Boxing.



## Shop at Martha's Outfitters

March 26, 2026 at 10:00 am

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## Art as Healing | Guided Art Workshop

March 27, 2026 at 10:00 am

*2375 Elvans Rd SE, Washington DC, 20020*

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am - 12pm: Guided art workshop with an instructor.
- 12pm - 2 pm: Open Art: self guided art with supplies provided.



## Art as Healing | Open Art

March 27, 2026 at 12:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am - 12pm: Guided art workshop with an instructor.
- 12pm - 2 pm: Open Art: self guided art with supplies provided.



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## Teen Lounge | Fridays

March 27, 2026 at 4:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Fun Fridays: Movie Nights, Field Trips, and More



## Women's Health Summit:

March 28, 2026 at 10:00 am

*2375 Elvans Road SE, Washington DC, 20020*

[Click here to reserve your spot!](#)