



# **Diaper Bank Distribution**

November 17, 2025 at 11:00 am

2375 Elvans Road SE, Washington DC, 20020

DC residents can pick up free diapers at The Commons every Monday from 11 AM to 2 PM. Each household can receive 50 diapers once per month.

Do you reside in Maryland or Virginia? The Greater DC Diaper Bank operates several distribution hubs across both states. Find a location near you by visiting: greaterdcdiaperbank.org/our-programs/diaperhubs/.



# **Shop at Martha's Outfitters**

November 17, 2025 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

- Classic Membership (Blue Card) Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table \$40 per month Classic Membership (Blue) Card.
- Select Membership (White Card)—DC residents over the age of 15 are eligible for a Martha's Table \$20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by <u>donating new or gently used clothing</u> or <u>volunteering</u> your time to make a difference.

Martha's Outfitters - 2204 Martin Luther King Jr. Ave., SE - Washington DC 20002

Note: The boutique does not accept cash.



## **Teen Lounge | Mondays**

November 17, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Mondays: Tutoring and Homework Help with Hearts of Empowerment



#### Martha's Table Market

November 17, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



## **Teen Lounge | Tuesdays**

November 18, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!



### **Senior Fitness**

November 18, 2025 at 10:00 am

2375 Elvans Road SE, Washington DC, 20020

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.

# The Quilt Corner | Tuesdays |

November 18, 2025 at 12:30 pm



the Underground Railroad as they work as a team to construct a quilt.



## **Community Changemakers Book Club**

November 18, 2025 at 6:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.



#### **Mindful Moment**

November 18, 2025 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.



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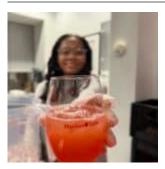


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# **Healthy Happy Hour**

November 19, 2025 at 5:00 pm

2375 Elvans Road SE, Washington DC, 20020

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.



#### **Go-Go Fitness**

November 19, 2025 at 7:00 pm

2375 Elvans Road SE, Washington DC, 20020

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine





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## Teen Lounge | Wednesdays

November 19, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship





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# **Teen Lounge | Thursdays**

November 20, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

MT Teen Thursdays: What do you want to see from Martha's Table? Share your voice on Teen Thursdays.



## **Shop at Martha's Outfitters**

November 20, 2025 at 10:00 am

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# **Automotive Technician Training | Info Session**

November 20, 2025 at 12:00 pm

# IGNITE YOUR PASSION: Start your career as a certified auto technician.

Are you passionate about cars and looking to start a rewarding career in the automotive industry? We have exciting news! In collaboration with Vehicles for Change VR, Martha's Table is launching a cutting-edge Virtual Reality (VR) Automotive Technician Training Program designed to equip you with the skills needed to succeed in the automotive field.

If you have a genuine interest in cars and are ready to jumpstart your career, we want to hear from you! Contact <a href="MTVFC@marthastable.org">MTVFC@marthastable.org</a> to register for an information session or to learn more about this program.

Register for an information session.





# **Art as Healing | Guided Art Workshop**

November 21, 2025 at 10:00 am

2375 Elvans Rd SE, Washington DC, 20020

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am 12pm: Guided art workshop with an instructor.
- 12pm -2 pm: Open Art: self guided art with supplies provided.



# Art as Healing | Open Art

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# Teen Lounge | Fridays

November 21, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Fun Fridays: Movie Nights, Field Trips, and More



#### Martha's Table Market

November 21, 2025 at 11:00 am

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SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



# Martha's Table Community Harvest Dinner

November 22, 2025 at 12:00 pm

1600 Morris Rd. SE, Washington, 20020

The Martha's Table Community Harvest Dinner is a yearly event that brings together community members, volunteers, and supporters for a shared meal, celebrating togetherness and the spirit of gratitude. The dinner features delicious food from local vendors, highlighting seasonal ingredients. It's a time for neighbors to connect, reflect on the year's achievements, and reinforce Martha's Table's mission of building a stronger, more resilient community through access to healthy food, education, and opportunity. The event fosters

Events from November 16, 2025 to November 23, 2025 and build

