



## **Teen Lounge | Tuesdays**

November 11, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!



#### **Senior Fitness**

November 11, 2025 at 10:00 am

2375 Elvans Road SE, Washington DC, 20020

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.



#### **Community Changemakers Book Club**

November 11, 2025 at 6:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.



#### **Mindful Moment**

November 11, 2025 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.

#### The Quilt Corner | Tuesdays ||

November 11, 2025 at 12:30 pm

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a guilt





## **Shop at Martha's Outfitters**

November 11, 2025 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

- Classic Membership (Blue Card) Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table \$40 per month Classic Membership (Blue) Card.
- **Select Membership (White Card)**—DC residents over the age of 15 are eligible for a Martha's Table \$20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by <u>donating new or gently used clothing</u> or <u>volunteering</u> your time to make a difference.

Martha's Outfitters - 2204 Martin Luther King Jr. Ave., SE - Washington DC 20002

Note: The boutique does not accept cash.



#### Martha's Table Market

November 11, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)





## **Healthy Happy Hour**

November 12, 2025 at 5:00 pm

2375 Elvans Road SE, Washington DC, 20020

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.



#### **Go-Go Fitness**

November 12, 2025 at 7:00 pm

2375 Elvans Road SE, Washington DC, 20020

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine



#### **Shop at Martha's Outfitters**

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Martha's Outfitters - 2204 Martin Luther King Jr. Ave., SE - Washington DC





# **Teen Lounge | Wednesdays**

November 12, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship



#### Martha's Table Market

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SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



#### **Teen Lounge | Thursdays**

November 13, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

MT Teen Thursdays: What do you want to see from Martha's Table? Share your voice on Teen Thursdays.



#### **Shop at Martha's Outfitters**

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Events from November 11, 2025 to November 16, 2025



You'll be able to shop and use your monthly credit right away!

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Martha's Outfitters - 2204 Martin Luther King Jr. Ave., SE - Washington DC 20002

Note: The boutique does not accept cash.



#### Martha's Table Market

November 13, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



#### **Art as Healing | Guided Art Workshop**

November 14, 2025 at 10:00 am

2375 Elvans Rd SE, Washington DC, 20020

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am 12pm: Guided art workshop with an instructor.
- 12pm -2 pm: Open Art: self guided art with supplies provided.





## **Art as Healing | Open Art**

November 14, 2025 at 12:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am 12pm: Guided art workshop with an instructor.
- 12pm -2 pm: Open Art: self guided art with supplies provided.



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## **Teen Lounge | Fridays**

November 14, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Fun Fridays: Movie Nights, Field Trips, and More



## Thankful Meals Market & Turkey Giveaway

November 14, 2025 at 1:00 pm

2375 Elvans Road SE, Washington DC, 20020

Join us as Martha's Table, Monumental Sports, Giant Food, and Capital One come together to host the *Thankful Meals Event*! This gathering promises a warm, festive atmosphere and plenty of holiday cheer to kick off the season right here in our community. We're welcoming friends and neighbors to enjoy a memorable afternoon filled with food, fun, and connection.

- **Date:** November 14, 2025
- **Time:** 1 PM 4 PM
- Location: The Commons at Martha's Table
- **Details:** Supplies and giveaways will be available while supplies last. No registration is required—bring yourself, your family, and friends to share in the holiday spirit!
- Lobby Market Hours: Please note the Lobby Market hours at the Commons will be adjusted to accommodate this festive event and run from 1:00 PM to 4:00 PM on November 14.



#### (Special Hours) Martha's Table Market

November 14, 2025 at 1:00 pm

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)





# **Automotive Technician Training | Info Session**

November 14, 2025 at 12:00 pm

# IGNITE YOUR PASSION: Start your career as a certified auto technician.

Are you passionate about cars and looking to start a rewarding career in the automotive industry? We have exciting news! In collaboration with Vehicles for Change VR, Martha's Table is launching a cutting-edge Virtual Reality (VR) Automotive Technician Training Program designed to equip you with the skills needed to succeed in the automotive field.

If you have a genuine interest in cars and are ready to jumpstart your career, we want to hear from you! Contact <a href="MTVFC@marthastable.org">MTVFC@marthastable.org</a> to register for an information session or to learn more about this program.

## Register for an information session.



## The Quilt Corner | Saturdays |

November 15, 2025 at 10:30 am

2375 Elvans Road SE, Washington DC, 20020

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.