



Teen Lounge | Tuesdays

October 07, 2025 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!

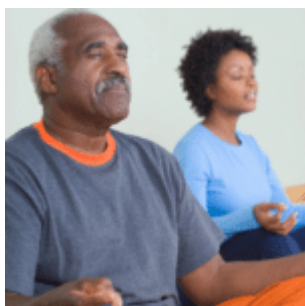


Martha's Table Market

October 07, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



Senior Fitness

October 07, 2025 at 10:00 am

2375 Elvans Road SE, Washington DC, 20020

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.



Community Changemakers Book Club

October 07, 2025 at 6:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.



Mindful Moment

October 07, 2025 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.



Shop at Martha's Outfitters

October 07, 2025 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

- **Classic Membership (Blue Card)** – Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table \$40 per month Classic Membership (Blue) Card.
- **Select Membership (White Card)**—DC residents over the age of 15 are eligible for a Martha's Table \$20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by [donating new or gently used clothing](#) or [volunteering](#) your time to make a difference.

Martha's Outfitters – 2204 Martin Luther King Jr. Ave., SE – Washington DC 20002

Note: The boutique does not accept cash.



Mindful Moment

October 07, 2025 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.



Martha's Table Market

October 08, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



Go-Go Fitness

October 08, 2025 at 7:00 pm

2375 Elvans Road SE, Washington DC, 20020

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine



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Events from October 07, 2025 to October 12, 2025

You'll be able to shop and use your monthly credit right away!

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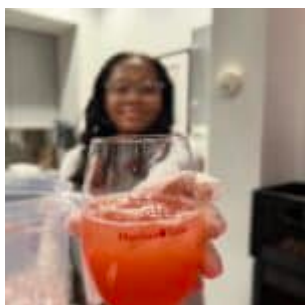
Teen Lounge | Wednesdays

October 08, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship



Healthy Happy Hour

October 08, 2025 at 5:00 pm

2375 Elvans Road SE, Washington DC, 20020

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.



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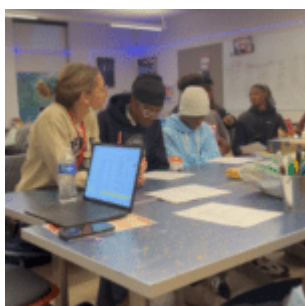


Martha's Table Market

October 09, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



Teen Lounge | Thursdays

October 09, 2025 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

MT Teen Fitness: with WeFit DC Strength Training and Beginner Boxing.



Shop at Martha's Outfitters

October 09, 2025 at 10:00 am

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Art as Healing | Guided Art Workshop

October 10, 2025 at 10:00 am

2375 Elvans Rd SE, Washington DC, 20020

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am - 12pm: Guided art workshop with an instructor.
- 12pm - 2 pm: Open Art: self guided art with supplies provided.



Art as Healing | Open Art

October 10, 2025 at 12:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

- 10am - 12pm: Guided art workshop with an instructor.
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Teen Lounge | Fridays

October 10, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Fun Fridays: Movie Nights, Field Trips, and More
