



## Mindful Moment

February 18, 2025 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.



## Community Changemakers Book Club

February 18, 2025 at 6:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.

## The Quilt Corner | Tuesdays |

February 18, 2025 at 12:30 pm

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.



## Shop at Martha's Outfitters

February 18, 2025 at 10:00 am

*2204 Martin Luther King Jr. Avenue SE, Washington, 20020*

Martha's Outfitters is an innovative community store that supports families with a monthly credit program for children's clothing and professional attire—at no cost.

We offer a wide range of clothing for all ages, from baby and kids' apparel to smart casual and business attire for adults. Becoming a member is simple! Just visit us with a photo ID and DC proof of residency (which can include a current lease or utility bill), and we'll set you up with a membership card.

You'll be able to shop and use your monthly credit right away!

- **Classic Membership (Blue Card)** - Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table \$40 per month

Events from February 18, 2025 to February 23, 2025

- **Select Membership (White Card)**—DC residents over the age of 15

are eligible for a Martha's Table \$20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by [donating new or gently used clothing](#) or [volunteering](#) your time to make a difference.

Martha's Outfitters - 2204 Martin Luther King Jr. Ave., SE - Washington DC 20002

Note: The boutique does not accept cash.

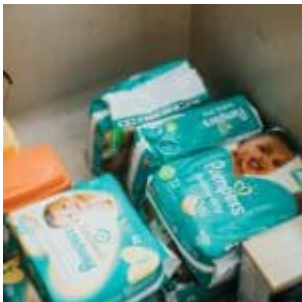


## Senior Fitness

February 18, 2025 at 10:00 am

*2375 Elvans Road SE, Washington DC, 20020*

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.



## Diaper Bank Distribution

February 18, 2025 at 11:00 am

*2375 Elvans Road SE, Washington DC, 20020*

DC residents can pick up free diapers at The Commons every Monday from 11 AM to 2 PM. Each household can receive 50 diapers once per month.

Do you reside in Maryland or Virginia? The Greater DC Diaper Bank operates several distribution hubs across both states. Find a location near you by visiting: [greaterdcdiaperbank.org/our-programs/diaperhubs/](https://greaterdcdiaperbank.org/our-programs/diaperhubs/).



## Martha's Table Market

February 18, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



## Teen Lounge | Tuesdays

February 18, 2025 at 3:30 pm

*2375 Elvans Road SE, Washington DC, 20020*

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!



## Martha's Table Market

February 19, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)

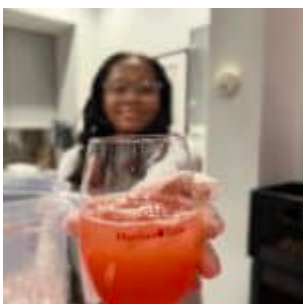


## Go-Go Fitness

February 19, 2025 at 7:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine



## Healthy Happy Hour

February 19, 2025 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.





## Shop at Martha's Outfitters

February 19, 2025 at 10:00 am

2204 Martin Luther King Jr. Avenue SE, Washington, 20020

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You'll be able to shop and use your monthly credit right away!

- **Classic Membership (Blue Card)** - Residents of the 20020 zip code over the age of 15 are eligible for a Martha's Table \$40 per month Classic Membership (Blue) Card.
- **Select Membership (White Card)**—DC residents over the age of 15 are eligible for a Martha's Table \$20 per month Select Membership (White) Card.

Martha's Outfitters depends on the generosity of donors and volunteers to ensure that our community has the resources needed to thrive. We invite you to contribute by [donating new or gently used clothing](#) or [volunteering](#) your time to make a difference.

Martha's Outfitters - 2204 Martin Luther King Jr. Ave., SE - Washington DC 20002

Note: The boutique does not accept cash.

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## Teen Lounge | Wednesdays

February 19, 2025 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship

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## Martha's Table Market

February 20, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

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SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



## Shop at Martha's Outfitters

February 20, 2025 at 10:00 am

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## Healing Movements

February 20, 2025 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

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## Teen Lounge | Thursdays

February 20, 2025 at 3:30 pm

*2375 Elvans Road SE, Washington DC, 20020*

MT Teen Thursdays: What do you want to see from Martha's Table? Share your voice on Teen Thursdays.



## Martha's Table Market

February 21, 2025 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



## Shop at Martha's Outfitters

February 21, 2025 at 10:00 am

*2204 Martin Luther King Jr. Avenue SE, Washington, 20020*

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## Teen Lounge | Fridays

February 21, 2025 at 3:30 pm

*2375 Elvans Road SE, Washington DC, 20020*

Fun Fridays: Movie Nights, Field Trips, and More

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