



Martha's Table Annual Benefit

October 06, 2024 at 4:00 pm

2375 Elvans Road SE, Washington DC, 20020

Martha's Table's Annual Benefit is a celebration of our mission to support strong children, strong families, and strong communities in Washington, DC. Since the Benefit's inception in 2017, this event has become a cornerstone for showcasing our community impact, recognizing transformative leadership, and mobilizing essential support for our programs. The evening reflects our joyful spirit of togetherness, bringing together a diverse group of stakeholders including supporters, program partners, local community members, volunteers, and the dedicated team at Martha's Table.



Diaper Bank Distribution

October 07, 2024 at 11:00 am

2375 Elvans Road SE, Washington DC, 20020

Diapers will only be available for pickup on Mondays from 11 am - 2 pm at The Commons. You can receive 50 diapers once every month.

IMPORTANT UPDATE

Beginning in January 2025, the Martha's Table Diaper Bank will transition to serving only DC residents. The Greater DC Diaper Bank operates several diaper distribution hubs across Maryland and Virginia.

Please visit their website for additional information at greaterdcdiaperbank.org/our-programs/diaperhubs/

Teen Lounge | Mondays

October 07, 2024 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Mondays: Tutoring and Homework Help with Hearts of Empowerment



Shop at Martha's Outfitters

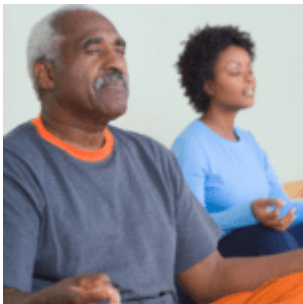
October 07, 2024 at 10:00 am

Martha's Outfitters is an innovative community store focused on supporting families. Through a monthly credit program, Outfitters patrons shop at no cost.

Becoming a member is easy! Prospective members must visit Martha's Outfitters and bring a photo ID and verification of the child's age (E.g., a birth certificate, medical insurance card, or official document showing the child's date of birth).

Our patrons can choose from clothing for babies and kids to smart casual and business clothing for adults. Shopping is open to our program members. The boutique does not accept cash.

As a community store, Martha's Outfitters relies on the contributions of donors and volunteers to ensure our patrons have access to clothing needed to support strong families.



Senior Fitness

October 08, 2024 at 10:00 am

2375 Elvans Road SE, Washington DC, 20020

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.



Mindful Moment

October 08, 2024 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.



Community Changemakers Book Club

October 08, 2024 at 6:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.



Vehicles for Change - Virtual Reality (VR) | Info Session

October 08, 2024 at 1:00 pm

IGNITE YOUR PASSION: Start your career as a certified auto technician.

Are you passionate about cars and looking to start a rewarding career in the automotive industry? We have exciting news! In collaboration with Vehicles for Change VR, Martha's Table is launching a cutting-edge Virtual Reality (VR) Automotive Technician Training Program designed to equip you with the skills needed to succeed in the automotive field.

If you have a genuine interest in cars and are ready to jumpstart your career, we want to hear from you! Contact Darryl Rogers at MTVFC@marthastable.org to register for an information session or to learn more about this program.

Info session takes place on:
Tuesday, October 8, 2024
1:00 pm - 2:30 pm
Virtual

[Register for an information session.](#)

CANCELLED | The Quilt Corner | Tuesdays

October 08, 2024 at 12:30 pm

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.

Events from October 06, 2024 to October 13, 2024



Teen Lounge | Tuesdays

October 08, 2024 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!



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Teen Lounge | Wednesdays

October 09, 2024 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship



Shop at Martha's Outfitters

October 09, 2024 at 10:00 am

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Healthy Happy Hour

October 09, 2024 at 5:00 pm

2375 Elvans Road SE, Washington DC, 20020

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.



Go-Go Fitness

October 09, 2024 at 7:00 pm

2375 Elvans Road SE, Washington DC, 20020

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine

Teen Lounge | Thursdays

October 10, 2024 at 3:30 pm

Events from October 06, 2024 to October 13, 2024

2375 Elvans Road SE, Washington DC, 20020

MT Teen Thursdays: What do you want to see from Martha's Table? Share your voice on Teen Thursdays.



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Healing Movements

October 10, 2024 at 5:00 pm

2375 Elvans Road SE, Washington DC, 20020

Teen Lounge | Fridays

October 11, 2024 at 3:30 pm

2375 Elvans Road SE, Washington DC, 20020

Fun Fridays: Movie Nights, Field Trips, and More



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Art as Healing

October 11, 2024 at 12:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!