



## Martha's Table Market

October 23, 2024 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

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SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



## Healthy Happy Hour

October 23, 2024 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

Join us at the Commons for complimentary mocktails, snacks, music, and games all centered around wellness.

## Teen Lounge | Wednesdays

October 23, 2024 at 3:30 pm

*2375 Elvans Road SE, Washington DC, 20020*

The Difference Society Presents:

Rising Wealth Builders: Financial Literacy and Entrepreneurship



## Shop at Martha's Outfitters

October 23, 2024 at 10:00 am

**Martha's Outfitters is an innovative community store focused on supporting families. Through a monthly credit program, Outfitters patrons shop at no cost.**

Outfitters and bring a photo ID and verification of the child's age (E.g., a birth certificate, medical insurance card, or official document showing the child's date of birth).

Our patrons can choose from clothing for babies and kids to smart casual and business clothing for adults. Shopping is open to our program members. The boutique does not accept cash.

As a community store, Martha's Outfitters relies on the contributions of donors and volunteers to ensure our patrons have access to clothing needed to support strong families.



## Go-Go Fitness

October 23, 2024 at 7:00 pm

2375 Elvans Road SE, Washington DC, 20020

Go-Go Fitness is a comprehensive fitness class that provides a great cardio workout with several toning moves incorporated throughout each routine



## Parent Cafe

October 23, 2024 at 5:00 pm

2375 Elvans Rd SE, Washington DC, 20020

Join us in a safe space for parents to connect with each other through experiences about topics that touch everyone's lives.



## Martha's Table Market

October 24, 2024 at 11:00 am

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SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



## Healing Movements

October 24, 2024 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*

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## Teen Lounge | Thursdays

October 24, 2024 at 3:30 pm

*2375 Elvans Road SE, Washington DC, 20020*

MT Teen Thursdays: What do you want to see from Martha's Table? Share your voice on Teen Thursdays.



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## Shop at Martha's Outfitters

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## Martha's Table Market

October 25, 2024 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

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SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)



## Art as Healing

October 25, 2024 at 12:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Join us at Martha's Table for a healing hour of painting, sculpting, jewelry making, and more! All supplies and refreshments are provided!

## Teen Lounge | Fridays

October 25, 2024 at 3:30 pm

*2375 Elvans Road SE, Washington DC, 20020*

Fun Fridays: Movie Nights, Field Trips, and More



## Shop at Martha's Outfitters

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Upcoming Events

date of birth).

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## Winter Coat Giveaway

October 26, 2024 at 10:00 am

*2375 Elvans Road SE, Washington DC, 20020*

Each year, Martha's Table's annual Winter Coat Giveaway distributes 3,000 new coats to our neighbors, providing warmth ahead of the cold winter season. Neighbors are invited to shop for coats and winter accessories for the whole family at no cost. This event is part of Martha's Outfitters, which provided nearly 90,000 clothing items last year, saving families around \$2.5 million!

[Learn More](#)



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## Martha's Table Market

October 28, 2024 at 11:00 am

Shop at no-cost for pantry items, fresh fruits & veggies at our SE and NW locations.

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SE: The Commons (2375 Elvans Rd. SE) | NW: The Maycroft (1474 Columbia Rd. NW)

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## Teen Lounge | Mondays

October 28, 2024 at 3:30 pm

*2375 Elvans Road SE, Washington DC, 20020*

Mondays: Tutoring and Homework Help with Hearts of Empowerment



## Diaper Bank Distribution

October 28, 2024 at 11:00 am

*2375 Elvans Road SE, Washington DC, 20020*

Diapers will only be available for pickup on Mondays from 11 am - 2 pm at The Commons. You can receive 50 diapers once every month.

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## Shop at Martha's Outfitters

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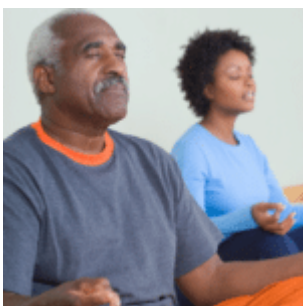
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## Senior Fitness

October 29, 2024 at 10:00 am

*2375 Elvans Road SE, Washington DC, 20020*

A group-based exercise that contains a warm-up, stepping patterns, stretching, strengthening exercises, and cool-down exercises.

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## Martha's Table Market

October 29, 2024 at 11:00 am

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## Teen Lounge | Tuesdays

October 29, 2024 at 3:30 pm

*2375 Elvans Road SE, Washington DC, 20020*

Teens ages 14-19, are invited to join us for a healing hour of painting, sculpting, jewelry making and more! All supplies and refreshments will be provided!



## Mindful Moment

October 29, 2024 at 12:00 pm

Each week, you will receive an email with meditation resources, journaling questions, and/or other mindfulness content that you can choose to engage with at your leisure. Topics will include self-care, stress management, somatic processing, balance, etc.



## Community Changemakers Book Club

October 29, 2024 at 6:00 pm

*2375 Elvans Rd SE, Washington DC, 20020*

Through our conversations about the texts we read, the space is open for questions, storytelling, and curiosity.



## Shop at Martha's Outfitters

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## Healthy Happy Hour

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## Shop at Martha's Outfitters

October 31, 2024 at 10:00 am

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## Healing Movements

October 31, 2024 at 5:00 pm

*2375 Elvans Road SE, Washington DC, 20020*



## Martha's Table Market

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November 01, 2024 at 10:00 am

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## Art as Healing

November 01, 2024 at 12:00 pm

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## Teen Lounge | Fridays

November 01, 2024 at 3:30 pm



2375 Elvans Road SE, Washington DC, 20020

Fun Fridays: Movie Nights, Field Trips, and More



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## The Quilt Corner | Saturdays

November 02, 2024 at 10:30 am

2375 Elvans Road SE, Washington DC, 20020

Meet us at The Quilt Corner! This bi-weekly workshop teaches participants about the Quilt Codes of the Underground Railroad as they work as a team to construct a quilt.



## Shop at Martha's Outfitters

November 04, 2024 at 10:00 am

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Our patrons can also shop for babies and kids to smart casual and

business clothing for adults. Shopping is open to our program members. The boutique does not accept cash.

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## Teen Lounge | Mondays

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## Diaper Bank Distribution

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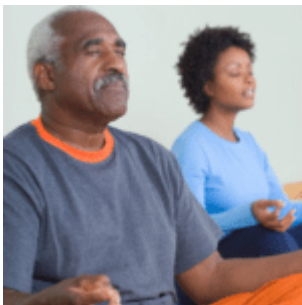
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## **Senior Fitness**

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