

HOLIDAY DONATIONS

We receive more donations during the holiday season than any other time of the year -- but the need for food doesn't end when the holiday season is over. Consider making a food donation that isn't holiday specific!



WHAT CAN I DONATE?

- Fresh fruits and vegetables
- Canned vegetables and fruits
- Canned meats
- Canned beans
- Dry goods (elbow macaroni, spaghetti, rice, beans, and cereal)
- Prepared food like trail mix and muffins

WHERE DO I DONATE?

We welcome food donations seven days a week at our headquarters: 2114 14th St NW
Monday-Friday, 7:30am-6:00pm and Saturday-Sunday, 10:00am-3:00pm.

Pick-up services may be possible for exceptionally large donations. If you would like to arrange a pickup or drop off, please email donations@marthastable.org at least two weeks in advance.

WHAT ARE THE GUIDELINES?

We believe that everyone deserves high-quality healthy food. Please help us by doing the following when donating:

- Make sure all items are not expired
- Make sure canned goods are not badly dented or damaged
- Check that items are unopened and sealed
- And please, no junk food (packaged or processed food that's high in sugar, fat and calories)

OUR PLANS FOR THE FUTURE

In 2018, Martha's Table will expand to two new locations: The Commons at Stanton Square in Southeast DC and The Maycroft on 15th Street and Columbia Rd NW. For more details on future food donations and our expansion make sure to follow along with us on Facebook, Twitter, and Instagram (@marthastable).

For more information, contact:

donations@marthastable.org and 202-328-6608